

NEP and Learning Outcome-based Curriculum Framework (LOCF)

For

Post Graduate Programme

M.A. Psychology

(To be effective from the Academic Session 2024-25)



Department of Psychology

Gurugram University, Gurugram

(A State University established by Govt. of Haryana Act No. 17 of 2017)

*Syllabus Verified
Page No- 01 to 16*

Shivani

Semester3

Course code	Course Title	Course ID	L	T	P	L	T	P	Total Credits	Marks					
			Hrs			Credits				TI	TE	PI	PE	Total	
Core Courses															
CC-A09	Abnormal Psychology	241/PSY/CC301	3	1	0	3	1	0	4	30	70	-	-	100	
CC-A10	Psychological Assessment	241/PSY/CC302	3	1	0	3	1	0	4	30	70	-	-	100	
CC-A11	Practical	241/PSY/CC303	0	0	8	0	0	4	4	-	-	30	70	100	
Discipline Specific Elective Courses															
DSE-03	Forensic Psychology	241/PSY/DS/304	2		2	2		1	3	15	35	5	20	75	
Multidisciplinary Course(s)															
MDC-03	Climate change and Mental Health		2		2	2		1	3	15	35	5	20	75	
Skill Enhancement Course(s)															
SEC-02	Basics of Stats using SPSS		2			2	2		2	15	35			50	
Value Added Course(s)															
VAC-02	Research Ethics		2			2	2		2	15	35			50	
Seminar															
Seminar	Seminar		2			2	2		2	15	35			50	
Internship/Field Activity															
									4(8 Hrs)						
Total Credits									28						

four credits of internship earned by student during summer internship after 2nd semester will be counted in 3rd semester of a student who pursue 2nd year PG programme without taking exit option.

Semester4

Course code	Course Title	Course ID	L	T	P	L	T	P	Total Credits	Marks					
			Hrs			Credits				TI	TE	PI	PE	Total	
			Core Courses												
CC-A12	Neuro Psychology	241/PSY/ CC 401	3	1	0	3	1	0	4	30	70	-	-	100	
CC-A13	Organizational Behaviour	241/PSY/ CC 402	3	1	0	3	1	0	4	30	70	-	-	100	
Discipline Specific Elective Courses															
DSE-04	Stress , Coping and Health	241/PSY/ DS/ 403	2			2	2		1	3	15	35	5	20	75
Multidisciplinary Course(s)															
MDC-04	Vulnerabilities of contemporary Indian society		2	0		2	2	0	1	3	15	35	5	20	75
Ability Enhancement Course(s)															
AEC-02	Eng./Hindi									2					
Community Engagement /Field Work/ Survey / Seminar															
										6					
Total Credits										22					

Course Outcomes:

CO1 Students would gain knowledge of nature and history of Abnormal Psychology and about factors related to abnormal behaviour

CO2 Students would be able to elaborate upon the conceptual understanding about psychodiagnosis and classificatory system.

CO3 Students would be able to understand different types of developmental disorders.

CO4 Students would be able to know about the different myths prevailing in society about sexual and gender identity disorders and understand healthy eating habits.

CO5 Students would understand the basics of various therapies in clinical setting

Credits: 4 (hrs/week:4)

Maximum Marks :100

Internal Assessment: 30

Theory Exam:70

Examination Time: 3 hours

Note:

- a) Nine questions would be set in all. Candidates would be required to attempt five questions.
- b) There would be two questions (14 marks each) from each of the four units. Candidates would attempt one Question from each unit.
- c) Question No. IX would be compulsory. It shall be based on the entire syllabus and would contain seven short answer questions of two marks each.

UNIT-I

Abnormal Psychology: Nature and History of Abnormal Psychology, Criteria of abnormality, Etiological factors of abnormal behaviour

Approaches to Abnormal Psychology: Biological, Psychoanalytic, Behaviouristic, Cognitive and Humanistic.

UNIT-II

Psychodiagnosis: Nature & Purpose of Psychodiagnosis; MSE, Clinical Interview, Psychological Testing: MMPI, MCMI, Rorschach and TAT

Classification of diseases: Nature, Purpose, Diagnostic systems- DSM-5-TR, ICD-11.

UNIT-III

Developmental Disorders: Conduct disorder, ADHD, Learning disorder, Mental retardation.

Eating Disorders: Clinical picture, Types, Etiology.

UNIT-IV

Sexual and Gender Identity Disorders: Clinical picture, Types, Etiology.

Clinical Intervention: Psycho dynamic, CBT, REBT and Client centered therapy

Recommended Books:

Batshaw, M. L., Roizen, N. J., & Lotrecchiano, G. R. (2013). Children with disabilities (7th ed.). Paul H. Brookes Publishing.

Bellack, A. S. & Hersen, M. (1980). Introduction to Clinical Psychology. New York: Oxford University Press.

Bennett, P. (2003). Abnormal and Clinical Psychology. UK: Open University Press.

Carr, A. (2012). Clinical Psychology: An Introduction. New York: Routledge.

Carson, R.C., Butcher, J.N., Mineka, S. & Hooley, J.M. (2007). Abnormal Psychology (13th Ed.). New Delhi: Pearson.

Comer, R. J. (2003). Abnormal Psychology. New York: Freeman.

Nietzel, M. T., Bernstein, D. A. & Millich, R. (1994). Introduction to Clinical Psychology (4th Ed). New Jersey: Prentice Hall.

Course Outcomes:

CO1 Students would understand the importance and role of psychological assessment and testing.

CO2 Students would be able to construct and standardize a psychological test.

CO3 Students would understand the importance of reliability and validity in psychological testing.

CO4 Students would become aware of computer aided testing along with issues in psychological testing.

CO5 Students would get the knowledge of ethical issues involved in psychological evaluation.

Credits : 4 (hrs/week:4)

Maximum Marks :100

Internal Assessment: 30

Theory Exam:70

Examination Time: 3 hours

Note:

- a) Nine questions would be set in all. Candidates would be required to attempt five questions.
- b) There would be two questions (14 marks each) from each of the four units. Candidates would attempt one Question from each unit.
- c) Question No. IX would be compulsory. It shall be based on the entire syllabus and would contain seven short answer questions of two marks each.

UNIT- I

Psychological Measurement: History of Psychological Measurement, Levels of *Measurement* (Scales), Measurement theory, Errors and Sources of Error in Measurement.

Psychological Testing: Nature, Uses of Psychological testing, Characteristics of a good test, Types of Tests.

UNIT-II

Test Construction: Steps of test construction, Item Writing, Construction of Speed and power test

Item Analysis: Item – Difficulty, Item Discrimination, Distractor Power, Item Characteristic curves.

UNIT-III

Reliability: Meaning, Types of Reliability Analysis (Methods), Factors affecting Reliability.

Validity: Meaning, Methods for Calculating Validity, Factors affecting Validity.

UNIT-IV

Norms: Raw Scores, Raw Scores transformations, Types of Norms.

Legal, Ethical & Social Issues in Psychological Testing

Computer- Aided Psychological Assessment

Recommended Books:

Aiken, L.R. & Groth-Marnat, G. (2009). Psychological Testing and Assessment (12thed) Delhi: Pearson.

Anastasi, A., & Urbina, S. (1997). Psychological Testing (7thed) NY: Prentice-Hall.

Gregory, R.J. (2004). Psychological Testing: History, Principles, & Applications (4thed) New Delhi: Pearson Education.

Husain, A. (2012). Psychological Testing. Delhi: Pearson.

Miller, L.A., Lover, R.L. & McIntire, S.A. (2013). Psychological Testing. New Delhi: Sage.

Singh, A.K. (2008). Tests, Measurements and Research Methods in Behavioural Sciences. Patna: Bharati Bhawan.

PRACTICALS

Course Outcomes:

- Students will acquire the ability to administer, interpret and report psychological tests.
- Students will gain proficiency in data analysis using statistical software.
- Students will gain specialized applied knowledge in specific areas of Psychology.

CCA11 Practical

Credits: 4 (Hrs/week:8)

Maximum Marks:100

Practical Examination:70

Practical Assessment:30

Time: 3 Hours

Any eight from the following areas:

1. State Trait Anxiety
2. Psychological distress/Wellbeing Scale
3. Dyslexia screening test
4. Gender Identity/Gender Dysphoria Scale
5. Mental state examination
6. MMPI/CAQ
7. Sentence Completion Test
8. TAT
9. Rorchach/Holtzman Ink blot test
10. Test construction
11. Item difficulty
12. Reliability
13. Validity
14. Developing Norms
15. Computation and analysis of data(SPSS)
16. Mental Maths

Paper: 241/PSY/DS304

FORENSIC PSYCHOLOGY

Course Outcomes:

CO1 Students would be able to explain the conceptual and theoretical perspectives of Forensic Psychology.

CO2 Students would gain knowledge about various types of offenders and understand the antecedents and Consequences of crime.

CO3 Students would understand different ways to improve eye witness testimony

CO4 Students would gain the factual knowledge of human psychology in relation to crime and its Management.

Credits :3 (hrs/week:3)

Maximum Marks :75

Theory External Exam: 35

Theory Internal Assessment: 15

Practical External:20

Practical Internal:05

Examination Time: 3 Hours

Note:

- a) Candidates would be required to attempt four questions in all.
- b) Question No. 1 would be compulsory. It shall be based on the entire syllabus and would contain 5 short answer type questions of one mark each.
- c) There would be two questions (10 marks each) from each of the three units. Candidates would attempt one Question from each unit.

UNIT- I

Forensic Psychology: Nature and History of Forensic Psychology; Psychosocial context of Crime,

Changing nature of Crime: Cyber Crime

Theories of Crime: Psychoanalytic; Eysenck's Biosocial Theory, Social Learning Theory.

Unit-II

Types of Offenders: Juvenile Offender: Criminogenic factors in child and adult antisocial behaviour; Consequences of social interventions on reducing Criminogenic effects

Violent Offenders: Media influences; Sexual Offenders: Rapists: Nature of Rape, Rape myths, Marital Rape.

Unit – III

Eyewitness Testimony: Factors affecting accuracy of witness evidence in Court, Improving eyewitness testimony

Forensic assessment and Profiling, Correctional Psychology: Prevention and intervention

Recommended Books:

Howitt, D.(2002). Forensic and criminal psychology. England: Pearson education ltd.

Petherick..W.A,Turvey, B.E. and Ferguson,C.E.(2010).Forensic Criminology.Elseiver Academic Press.

Shipeay, S.and Arrigo, B.(2012). Introduction to forensic Psychology. USA: Academic press.

Practical

1. Assessment of Anger
2. Aggression
3. Recognition Memory for faces
4. Marital Partner Preference Test
5. Moral judgment
6. Survey of Antisocial Behaviour
7. Lie Detection test

Note: Students will perform at least three practical. The examiner will allot one practical at the time of term end examination for evaluation.

SEMESTER 4

PAPER ID: 241/PSY/CC401

NEUROPSYCHOLOGY

Credits : 4 (hrs/week:4)

Total :100 marks

Internal Assessment: 30 marks

Examination : 70 marks

Note:

- d) Nine questions would be set in all. Candidates would be required to attempt five questions.
- e) There would be two questions (14 marks each) from each of the four units. Candidates would attempt one Question from each unit.
- f) Question No. IX would be compulsory. It shall be based on the entire syllabus and would contain seven short answer questions of two marks each.

Unit 1

Nature and scope of Neuropsychology; Historical development in neuropsychology; Relationship with other branches of psychology: Clinical, Biological, and Cognitive Psychology
Methods of studying the brain: Lesion studies, Neuroimaging techniques and Electrophysiological methods

Unit 2

Neuropsychological Assessment: Basic concepts, Principles and approaches
Single test- Bender Visual Motor Gestalt Test, Goldstein- Scheerer test.
Batteries: Luria Nebraska Battery, AIIMS Battery of brain dysfunction.

Unit 3

Clinical picture and Etiology of Neuropsychological disorders: Dementia, Alzheimer's disease, Parkinson's disease, Huntington's disease, Epilepsy.

Unit 4

Neuropsychological intervention:
Neuropsychological rehabilitation, Cognitive retraining techniques, Behavioural and psychotherapeutic strategies, Neuroplasticity and brain reorganization.

Recommended Books

Bellack, A. S. & Hersen, M. (1980). Introduction to Clinical Psychology. New York: Oxford University Press.

Claringbull, N. (2011). Mental Health in Counseling and Psychotherapy. UK: Short Run Press.

Davidson, P.W., Prasher, U. P. & Janicki, M.P. (2003). Mental Health, Intellectual Disabilities and the Aging Process. USA: Blackwell Publishing.

Elias, L. J., & Saucier, D. M. (2006). Neuropsychology: Clinical and experimental foundations. Pearson Education

Herson, M., Kadzin, A.E. and Bellack, A.S. (1983). The Clinical Psychology Handbook, New York: Pergamon.

Kloos, B., Hill, J. Thomas, E., Wandersman, Flias, J.M. and Dalton, J.H. (2012). Community Psychology: Linking Individuals and Communities. US: Linda Schreiber- Gangster.

Korchin, S. J. (1975). Modern Clinical Psychology: Principles of Intervention in the Clinic and Community. New Delhi: CBS Publishers & Distributors.

Nietzel, M. T., Bernstein, D. A. & Millich, R. (1994). Introduction to Clinical Psychology (4th Ed). New Jersey: Prentice Hall.

Pomerantz, A. M. (2011). Clinical Psychology: Science, Practice & Culture (2nd Ed.). New Delhi: Sage Publications.

Spiegler, M.D. & Guevermont, D.C. (1998). Contemporary Behaviour Therapy. (3rd Ed.). US: Brooks/Cole.

Zillmer, E. A., Spiers, M. V., & Culbertson, W. C. (2008). Principles of neuropsychology (2nd ed.). Wadsworth Publishing.

PAPER ID: 241/PSY/CC402

ORGANIZATIONAL PSYCHOLOGY

Note:

- a) Nine questions would be set in all. Candidates would be required to attempt five questions.
- b) There would be two questions (14 marks each) from each of the four units. Candidates would attempt one Question from each unit.
- c) Question No. IX would be compulsory. It shall be based on the entire syllabus and would contain seven short answer questions of two marks each.

Credits : 4 (hrs/week:4)

Total :100 marks

Internal Assessment: 30 marks

Examination : 70 marks

UNIT-I Nature of Scope of Organisational Psychology: Meaning of Organisation, Types: Formal and Informal, Perspectives of Organisation: Biological, Sociological, Organisational.

UNIT-II Groups and Communication: Group: Nature and types; Functions of Groups, Group formation and DecisionMaking. Elements of Communication, Interpersonal Networks: Non-verbal Communication and developing competencies of managing communication.

UNIT-III Leadership: Approaches to Leadership: Scientific, Human Relations, Theory X and Y; Theories of Leadership: House's Path –Goal Model. Motivation: Current Theories: Maslow's Need Hierarchy. Process Theory: Equity, Goal Setting.

UNIT-IV Safety and Health issues at Workplace:Nature, Causes and Prevention, OSHA(Occupational Safety Health Act); Causes: Environmental, Organizational, Personal.

Recommended Books:

Davis. K. (1981). Human Behaviour at work. New Delhi : Tata McGraw Hill.

Dunnet, M.D. (Ed.) (1976). Handbook of Industrial and Organizational Psychology. Chicago :Raud McNally.

Ganguli, H.C. (1996). The Industrial worker Psychological studies. Delhi :Siddharth.

Ghiselli, E.E. and Brown C.W. (1955). Personnel and Industrial Psychology : McGraw Hill.

Hersay, R.E. and Blanchard, T. (1977). The management of organizational behaviour. New Delhi : Prentice Hall.

Luthans, F. (1986). Organizational Behvaiour. New York : Mc Graw Hill.

Mohanty G. (1990). Industrial and Organizational psychology. New Delhi : Oxford and IBH.

Parikh.M.& Gupta R.(2010). Organisational Behaviour.NewDelhi:Tata McGraw Hill.

Rathore.B.(2013).Organisational Behaviour. New Delhi :Asian Books Private Limited.

Robbins ,S.P.,Judge,A.T.andSanghi.

Robbins,S.P.,Judge,A.T.andVolera N.(2012).Organisational Behavior. New Delhi: Pearson.

S.(2009).Organisational Behaviour .New Delhi:Pearson Prentice Hall.

Saal, F.E. and Knight P.A. (1995). Industrial/Organizational Psychology, Sciences & Practice Pacific Grove : Brooks/Cole.

Schein.E.H.(1997).Organizational Psychology.New Delhi: Prentice Hall of India.

Spector, P.E. (1996). Industrial and Organizational psychology Research & Practice New York : Wiley.

PAPER ID: 241/PSY/DS/403

STRESS, COPING AND HEALTH

Maximum Marks :75

Theory External Exam: 35

Theory Internal Assessment: 15

Practical External:20

Practical Internal:05

Examination Time: 3 Hours

Note:

- d) Candidates would be required to attempt four questions in all.
- e) Question No. I would be compulsory. It shall be based on the entire syllabus and would contain 5 short answer type questions of one mark each.
- f) There would be two questions (10 marks each) from each of the three units. Candidates would attempt one Question from each unit.

Unit 1: Introduction to Stress and Health: Nature, Types of stress, Sources of stress, Stress response: Role of Autonomic Nervous System and Endocrine System. Theories: GAS, Diathesis Model and Cognitive Appraisal Model.

Unit 2: Stress and illness. Impact on Physical and Mental Health, Health risk Behaviours associated with stress. Technology and Stress: Occupational stress and Burnout.

Unit 3: Management of Stress and Coping: Stress Management at work, Models of coping, Building resilience, Indian approaches to management of Stress: Spirituality and coping, Mindfulness.

Practical:

Do any 3 of these.

- 1. Coping Style/Strategies**
- 2. Assessment of Stress**
- 3. QoL**
- 4. Life style questionnaire**
- 5. GHQ**

Suggested readings:

- Baum,A.Revensen,T.A. and Singer,J. (2011). Stress,Health and Illness.Handbook of Health Psychology.
- Orford,J. (2008).Community Psychology: Challenges, Controversies and Emerging Consensus,John Wiley and Sons.
- Schabracq,M.J, Winnubst, J,A.M.,Cooper,C.L.(2003). Handbook of Work and Health Psychology,2ndEdition,John Wiley and Sons.
- Schneiderman,G.,Ironson,G. and Siegal,S.D.(2005). Psychological,Behavioural and Psychological Determinants. Annual Review of Clinical Psychology,pp.607- 678.